



Signposts

Food For Thought

Poulton War Memorial Hall
Church Street, Poulton
Morcambe LA4 5QA

Tel: +44 (0)1524 416481
www.signposts.org.uk

Public Transport



By Bus:
No 2/2A/3/3A/4 from Lancaster Bus Station or Heysham.



By Rail, Morcambe Station:
Approximately 5 minutes away by taxi.
Exit the station onto Central Drive (B5321) and continue onto Station Road following the one way system. Continue onto Poulton Road. We are located off Lord Street on Church Lane.
For information on train operators and times phone National Rail Enquiries on 0845 7484950.



By Air, Manchester Airport:
Approximately 1 hour and 15 minutes away via M56, M62 and M6.
Liverpool John Lennon Airport:
Approximately 1 hour and 15 minutes away via M58 and M6.
Blackpool Airport:
Approximately 1 hour away via M55 and M6.

