

Toasted teacake and butter - 95p

Bread roll and butter - 50p

Selection of homemade cakes - 90p

Sponge and custard - £1.25

Fruit platter - £2.00



Banana split with Brucciani's vanilla ice cream and strawberry sauce - £2.25



Mug of coffee - 85p

Mug of tea - 75p

Milky coffee - £1.00

Fruit Tea - 70p

Rooibos tea - 70p

Still mineral water - 90p

Glass of fruit smoothies £1.50 / Jug of smoothies £2.95

Bottlegreen presse soft drink - £1.50

Carton of apple or orange juice - 50p

Glass of apple or orange juice - 80p

Just for Children £1.75

Half portion from the set menu or specials board, glass of juice and a piece of fruit.

Free pureed vegetable or fruit for babies with the purchase of any adult meal.

Café Open - Monday to Friday 10am to 2pm

Available outside these hours for group work

Outside Catering Available

Project Managed by Signposts,
58 Regent Road, Morecambe, LA3 1TE.
Charity Registration: 1117645 Company Registration:



INVESTOR IN PEOPLE



Food 4 Thought

MENU



Soup of the day served with roll and butter:

Standard bowl - £1.75 / large bowl - £2.00

Variety of freshly prepared sandwiches with salad from £2.35

B.L.T: Bacon, Lettuce, Tomato and Mayonnaise

in a warm crust roll and side salad - £3.50

Plain jacket potato with butter - £2.25

Jacket potato with tuna, cheese or beans served with salad £2.95



Spinach and mixed bean burger served in a bun with salad garnish - £3.25

Pot of garlic mushrooms with or without cheese served with warm crust roll and side salad - standard £2.75 / large £3.00

Plaice goujons served with home made tartar sauce, potatoes and peas - £3.95

Hot buttered shrimps with salad and crusty roll - £3.95

Vegetable and chick pea curry served with rice and salad - £3.95

Lamb hotpot and red cabbage - £4.00

DAILY SPECIALS FROM £3.25

All meals can be taken away