

Signposts



Signposts Young Carers News Letter Spring/Summer 2009

Hi everyone! Welcome to the first Signposts Newsletter of 2009! Most of you have met me already, but my name is Hannah Kearney. I have been working for Signposts since the summer of 2008. My very first shift was a Young Carers trip to Camelot.



I spent a few months on the sessional team, going to other exciting places with you all such

as the Aquarium of the Lakes and Regent Park Studios.

Since January of this year I have been put in charge of the day to day running of young carers, which I have loved. I hope that you have enjoyed the activities we have organised so far and that we will continue to have just as much (if not more) fun in the months to come. Sadly, I won't be in this role for much longer, but do not worry, the trips will continue! If you have any ideas of what you would like to do at Young Carers in the future, we would love to hear them, so please let us know!

Joke Time

How do lamps communicate? Lampost

What washes up on very small beaches? Microwaves

What did one lift say to the other? I think I'm coming down with something!"

What do you get if you cross a pig and a dinosaur? Jurassic Pork!"

Why did the hummingbird hum? It forgot the words!"

New Student!

Hello! My name is Max Greenwood and I am a student Social Worker from Lancaster University. I started my placement at Signposts in early April and will be here until the end of July 2009.



I will be undertaking various roles whilst I am here but one of them will be working as part of the Young Carers team.

I graduated from York in 2003 with a degree in History and then went to Aberystwyth University in Wales where I trained as a secondary school teacher. I taught both in Wales and more recently in Lancashire. Prior to my teacher training I worked as Youth Worker in Morecambe.

I am enjoying my time at Signposts meeting and helping different people and families and no day is ever the same.

Young Carers word search

- CARERS
- YOUNG
- FUN
- CRAFT
- ADVENTURE
- FRIENDS
- SIGNPOSTS
- OUTDOORS
- ART
- HOBBIES
- PAINTING
- CLIMBING
- EXCERCISE
- MINIBUS
- BOWLING
- CINEMA

F	P	V	W	A	Q	X	U	S	H	U	F	G	W	Q	E
L	L	S	X	S	R	C	L	I	M	B	I	N	G	O	D
J	N	Z	W	B	J	T	Q	S	U	O	A	X	C	N	G
S	P	A	I	N	T	I	N	G	B	C	I	N	E	M	A
N	G	B	C	A	R	E	R	S	J	Y	E	E	K	H	X
C	R	A	F	T	K	V	N	A	Z	H	L	C	G	O	B
E	H	W	U	V	O	U	T	D	O	O	R	S	L	B	O
X	B	Y	O	A	S	R	F	F	Z	N	R	F	M	B	W
C	T	O	R	J	F	I	L	R	M	T	L	J	I	I	L
E	V	U	L	E	Y	U	G	U	I	E	T	O	N	E	I
R	T	N	M	A	H	Z	N	N	V	E	H	S	I	S	N
C	V	G	Z	V	X	M	Y	L	P	K	N	T	B	Q	G
I	U	J	Q	V	Y	J	U	X	B	O	I	D	U	R	M
S	H	J	G	D	M	N	N	J	F	X	S	J	S	R	Q
E	N	Y	N	X	W	A	U	F	E	K	J	T	X	Y	N
Q	M	B	A	D	V	E	N	T	U	R	E	U	S	Y	A

2009 So Far...

Primary Group Update

This year the Primary Young Carers have been very creative. They have been making all sorts of art work such as picture frames, dream catchers, and bean bag cushions. They have also been proving they have green fingers by growing tomatoes, chives, pansies, and sweat peas. Mine are growing nice and tall on my window sill, but no tomatoes or flowers yet. Maybe the primary group can take some pictures of their plants for the next news letter...

During the Easter holidays the Primary group on trips to Morecambe superbowl and The World of Beatrix Potter in the Lake District. Their bowling skills far outshone those of the workers, and the sun shone on all of us in the Lake District. Two very fun days as I think the photos prove!



Secondary Group Update

The Secondary Young Carers have been getting active. So far this year they have been Human Bowling in the Lake District and Climbing at Borwick Hall in Carnforth. This year they also had a chance to show off their bowling skills followed by a trip to the Cinema to see the Secret of Moon Acre.

They also had a meeting to decide what they would like Signposts to organise for them over the next year. Some of the ideas were a bit extreme (I'm not sure many parents would be keen on the shark diving idea!) But there were some great suggestions made too, so look out for the exciting new activities that are on their way soon!



Coming soon...

Primary Group

9th and 16th May 2009 (Provisional Dates - to be confirmed via letter)
Scrap book making: Home made books full of interesting facts about ourselves and pictures of the fun we have at Young Carers. 9.30-12.30 at the Community Shop.

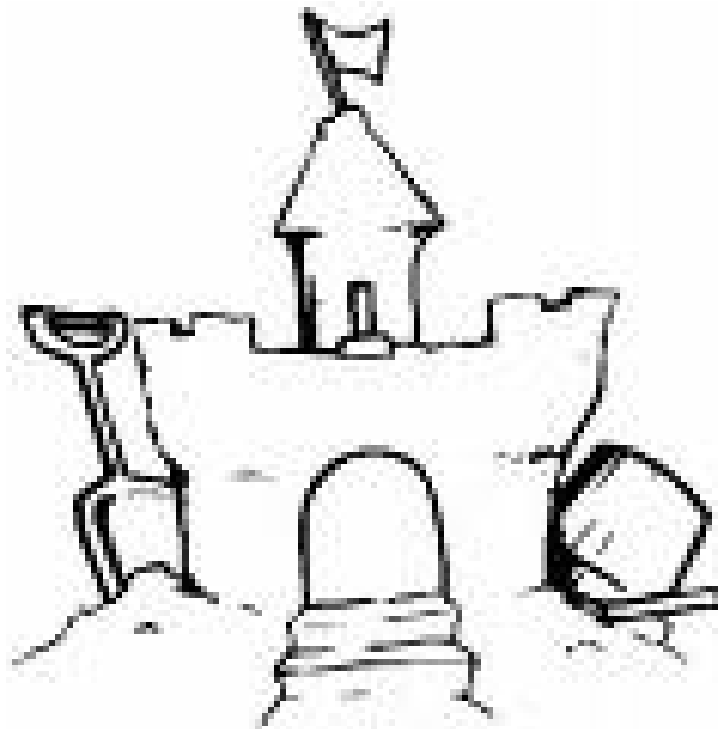
20th and 27th June 2009 (Provisional Dates - to be confirmed via letter)
Summer Themed arts and crafts

Secondary Group

23rd May 2009 (Provisional Dates - to be confirmed via letter)
Cooking at Food For Thought Cafe. 11-2

13th June 2009 (Provisional Dates - to be confirmed via letter)
Learning to DJ at More Music 1-5

Colouring time



Caption Competition

What is Kathryn from the Sessional Team saying while on the trip to Borwick Hall with the Secondary Young Carers? Write down your answers in the speech bubble and hand them in to any signposts worker. The winning comment will be included in the next Young Carers Newsletter!



Would you like to be in the next news letter? If you would like to create a piece for the next newsletter, we would be delighted to hear from you. You could write a story, poem, or report about a trip, or you could draw a picture or send in a photograph. Whatever it is, if it's to do with Young Carers, it can be included in the newsletter and who better to choose what goes in than Young Carers themselves! Next month we will be celebrating National Carers Week (8th - 14th June). To celebrate, the person who submits the most entertaining piece for the newsletter will have the chance to choose a trip for their group to go on!