















## We can help you if you:

-  are homeless
-  are in debt
-  need a doctor or dentist
-  need Benefits advice
-  need legal advice
-  need Furniture
-  need a job or training
-  are pregnant
-  are a carer or young carer
-  are concerned with your drinking
-  are concerned with your drug use
-  need sexual health advice
-  want to get involved in your community
-  want to know more about HIV / AIDS

## The team...

**Bob Raby**  
Chair of Trustees

**Pamela Beswick**  
Chief Executive

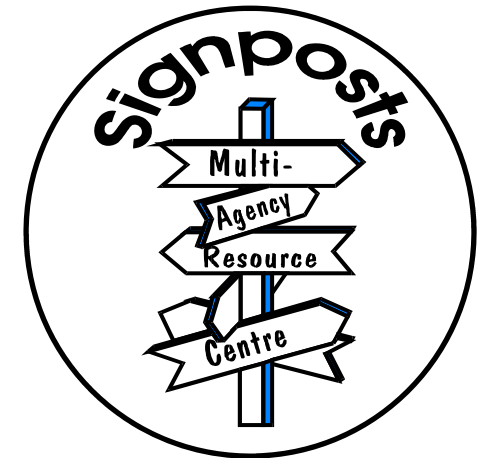
**John Heath**  
Deputy Chief Executive

**Sharon Calverley**  
Project Director  
Community Development /  
Inclusion

**Susan Edwards**  
Project Director  
Adults and Older People

**Ruth Paterson**  
Project Coordinator  
Every Child Matters

**Susan Earnshaw**  
Project Coordinator  
Parenting



**Registered Office:**  
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**Morecambe**  
**LA3 1TE**

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[www.signposts.org.uk](http://www.signposts.org.uk)

Charity Registration No 1117645  
Company limited by Guarantee 05990592  
Registered in England and Wales

### **Mission Statement**

**“..working to empower  
the community”**

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Member of AdviceUK (formerly FIAC)  
Signposts is an Investor in People

Leaflet updated April 2009

## The Aims of the Service

(extract from Signposts Memorandum and Articles of Association)

*'to relieve the poverty and promote the benefits of the inhabitants of Lancashire and Cumbria District with particular reference to those in the area known as the West End of Morecambe, without distinction of sex, sexual orientation, age, race or of political, religious or other opinions'.*

## Objectives

*'to provide services which relieve, support, help and advise:*

- ◆ *those who are poor*
- ◆ *the unemployed*
- ◆ *elderly*
- ◆ *Physically or mentally ill or convalescing*
- ◆ *People with a disability*
- ◆ *People who are dependant on alcohol or drugs*
- ◆ *Victims of abuse, violence or crime*
- ◆ *Families or carers of the above.'*

Visit [www.signposts.org.uk](http://www.signposts.org.uk) for:-

- ◆ an Information Pack
- ◆ an Annual Report
- ◆ a copy of our Policies
- ◆ Volunteering Information
- ◆ Information about our services



# Signposts Multi Agency Resource Centre

## Contact Details



<p><b><u>Signposts Main Office</u></b> 58 Regent Road, Morecambe, LA3 1TE Telephone : (01524) 419021 Fax: (01524) 411541 <a href="mailto:signpostsmarc@signposts.org.uk">signpostsmarc@signposts.org.uk</a></p>	<p><b><u>Information and Advice Service</u></b> 93 Westminster Road, Morecambe, LA4 4JE Telephone (01524) 419597 <a href="mailto:info.and.advice@signposts.org.uk">info.and.advice@signposts.org.uk</a></p>
<p><b><u>Signposts Poulton at the Rainbow Centre</u></b> Clarence Street, Morecambe, LA4 5EX Telephone: 01524 413967</p>	<p><b><u>Community Shop</u></b> 37 Yorkshire Street, Morecambe, LA3 1QF Telephone : (01524) 413064 <a href="mailto:Communityshop@signposts.org.uk">Communityshop@signposts.org.uk</a></p>
<p><b><u>Farrington Park Community Centre</u></b> 18-24 Thirlmere Road, Preston, PR1 5TR Telephone: (01772) 759413</p>	<p><b><u>Grange Park Community Centre</u></b> 2-4 Hazel Grove, Ribbleton Preston, PR2 6PT Tel: 01772 653539</p>
<p><b><u>Tanterton Community Centre</u></b> Kidsgrove, Tanterton Preston, PR2 7BX Tel: 01772 723329</p>	<p><b><u>ICT Support Service</u></b> Tel: 01524 427788 Email: <a href="mailto:support@vcfs-icts.org.uk">support@vcfs-icts.org.uk</a> Web: <a href="http://www.vcfs-icts.org.uk">www.vcfs-icts.org.uk</a></p>
<p><b><u>Travelling Tots - Mobile Crèche</u></b> C/O Signposts, 58 Regent Road, Morecambe, LA3 1TE To book contact: <a href="mailto:signpostsmarc@signposts.org.uk">signpostsmarc@signposts.org.uk</a></p>	<p><b><u>Food For Thought Café</u></b> Poulton War Memorial Hall, Church Street, Morecambe, LA4 5QA Tel: 01524 416481 Email: <a href="mailto:f4t@signposts.org.uk">f4t@signposts.org.uk</a></p>

If you wish to discuss any aspect of the service you have received please ask for Pamela Beswick, the Chief Executive