

The Aims of the Service

(extract from Signposts Memorandum and Articles of Association)

'to relieve the poverty and promote the benefits of the inhabitants of Lancashire and Cumbria District with particular reference to those in the area known as the West End of Morecambe, without distinction of sex, sexual orientation, age, race or of political, religious or other opinions'.

Objectives

'to provide services which relieve, support, help and advise:

- ◆ *those who are poor*
- ◆ *the unemployed*
- ◆ *elderly*
- ◆ *Physically or mentally ill or convalescing*
- ◆ *People with a disability*
- ◆ *People who are dependant on alcohol or drugs*
- ◆ *Victims of abuse, violence or crime*
- ◆ *Families or carers of the above.'*

Visit www.signposts.org.uk for:-

- ◆ an Information Pack
- ◆ an Annual Report
- ◆ a copy of our Policies
- ◆ Volunteering Information
- ◆ Information about our services

Signposts Main Office

58 Regent Road, Morecambe, LA3 1TE
Telephone : (01524) 419021
Fax: (01524) 411541
signpostsmarc@signposts.org.uk
www.signposts.org.uk

Information & Advice

58 Regent Road, Morecambe, LA3 1TE
Telephone: (01524) 419597
Info.and.advice@signposts.org.uk

Community Shop

37 Yorkshire Street
Morecambe, LA3 1QF
Telephone : (01524) 413064
Communityshop@signposts.org.uk

Family Support

Telephone (01524) 427890
Familysupport@signposts.org.uk

Signposts Preston

Family Links, Ingol Primary School
Whitby Avenue, Ingol Preston, PR2 3YP
Telephone: (01772) 734888
Fax: (01772) 734999
preston.admin@signposts.org.uk

Signposts Carnforth

Our Lady of Lourdes Parish Hall,
Kellet Road, Carnforth LA5 9LR
Telephone: 01524 732807
carnforth@signposts.org.uk



Family Support

- Do you struggle to balance the stresses of bringing up a family?
- Would like to access services but don't know which ones or how?
- Do you want to develop a routine and build motivation?

Need information and advice or someone to talk to that understands?
Then read on...

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Charity Registration No 1117645
Company Limited by Guarantee 5990592
Registered in England and Wales



Background:

Signposts has been offering family support for over 3 years. We are working in the areas of Poulton, Heysham, the West End of Morecambe and Carnforth.



Signposts has 5 dedicated family support workers including a dads worker, who are available to work one to one with you and help you access services to which you are entitled .



We offer.....



- One to one family support
- Group work
- Home visits
- Advice and information drop in sessions
- Family days
- Practical support
- Someone to listen
- A responsive, sensitive, professional and caring approach



We are....

- A team of paid workers and volunteers
- Fully trained
- Enhanced CRB checked
- Child Protection trained

To find out more Please contact your local Family Support Team on . .

Morecambe

Tel: 01524 427890

Email: Familysupport@signposts.org.uk

Preston:

Tel: 01772 734888

Email: Preston.admin@signposts.org.uk

Carnforth:

Tel: 01524 732807

Email: Carnforth@signposts.org.uk

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