

## What can a volunteer do at Signposts. . . . .?

Signposts has a range of different projects for people to volunteer with such as::

- ◆ Information & Advice
- ◆ Administration
- ◆ Work with Children, Families and Young People
- ◆ Work with older people
- ◆ Farming & Rural Health

## What we offer

- ◆ Full Induction programme
- ◆ Basic Information and Advice Training
- ◆ Team and Key Worker support
- ◆ Opportunity for specialist training also events and residential weekend
- ◆ Help with travel and childcare costs
- ◆ Opportunity to be involved in specialist work

## Main Contact Points:

### Signposts Main Office

58 Regent Road,  
Morecambe, LA3 1TE.  
Tel : (01524) 419021  
Fax : (01524) 411541  
Signpostsmarc@signposts.org.uk

### Information and Advice

93 Westminster Road, Morecambe  
Tel : (01524) 419597  
Info.and.advice@signposts.org.uk

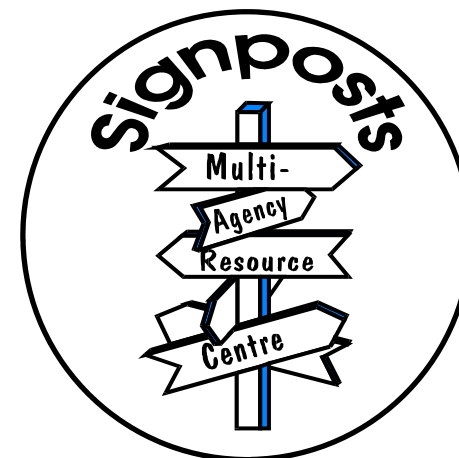
### Signposts Preston

Family Links, Ingol Primary School,  
Whitby Avenue, Ingol,  
Preston, PR2 3YP  
Tel: (01772) 734888  
Fax: (01772) 734999

### Signposts Carnforth

Our Lady of Lourdes Parish Hall,  
Kellet Road, Carnforth, LA5 9LR.  
Tel : (01524) 732807  
Carnforth@signposts.org.uk

[www.signposts.org.uk](http://www.signposts.org.uk)



“Working to Empower the Community in Lancashire and Cumbria”

# Volunteering

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# Opportunities

# At

# Signposts

Charity Registration Number: 1117645

Company Limited by Guarantee: 5990592

Member of AdviceUK (previously FIAC)

Registered in England and Wales



North Lancashire  
Primary Care Trust



## Volunteering Opportunities

### What can a volunteer do at Signposts.....?

- ◆ Work as part of a committed and professional team
- ◆ Help people to access Information and Advice
- ◆ Offer emotional and practical support
- ◆ Help provide a welcoming atmosphere
- ◆ Refer to specialist Agencies
- ◆ Learn IT skills
- ◆ Learn administration skills

### What We Expect...

- ◆ Reliability
- ◆ Regular commitment at least a morning or afternoon a Week
- ◆ Participation in Basic Information and Advice Training Course
- ◆ Attendance at Team Meetings and events
- ◆ Participation in relevant training

## Volunteers Quotes

◆  
" I enjoy helping people in my local area"

◆  
"Signposts fills more of my time in a way that help me as well as others"

◆  
"I've made new friends"

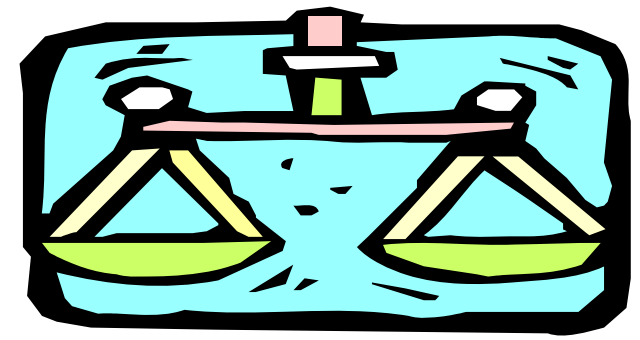
◆  
"I'd spent years doing nothing, lost all confidence, didn't believe I had anything to offer - Signposts made a major change in my life and I'm now in full time employment."

◆  
"Even though I've finished work my skills are still useful"

◆  
"I have learned a loads from the team and through training"

◆  
"Hard work but rewarding"

◆  
"What I learned helped me get paid work"



Volunteering at Signposts involves a balance between what we need and what you need.

### Benefits To You :

Training  
Hard Work  
Commitment  
New Skills Support  
Knowledge  
Confidence  
Friendship  
Getting involved in your local

Getting involved in your local community.